

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		International Joke Day! 1 9:00 FR Daily Chronicles 10:00 FR Brain Games! 10:30 QW "Mindful Mobility" ROM Program ★ 12:00 DR Lunch 2:00 B Musical Performance by Ken! ♪ 3:30 B Summer Series Showcase! NEW ★ 5:00 DR Dinner		3 9:00 FR Daily Chronicles 10:00 FR Morning Exercise with Bayada! 10:30 QW "Mindful Mobility" ROM Program ★ 10:30 FR Morning Motivation Discussion 12:00 DR Lunch 1:30 B BINGO! 1:30 QW Popsicles and Pastimes ★ 2:30 QW "Flower Power" Arranging Activity! ★ 3:30 B Summer Series Showcase! 5:00 DR Dinner		5 Tour De France! 8:30 B Morning News and Coffee 10:30 FR Seated Cycling! ★ 2:00 B French 101 with Monsieur Nate! 3:00 FR Summer Series Showcase! ★ 5:00 DR Dinner
Ducktona 500! 6 10:00 FR Morning Motivation-Discussion & Exercise 11:00 FR "Lady of the Fields" Catholic Church Service† 2:00 B Ducks of Luck! Art Program ★ 2:00 QW Sensory Hour! ★ 2:30 B Duck, Duck, Fish! Game 5:00 DR Sunday Dinner	Lucky 7 Day! 7 9:00 FR Daily Chronicles 10:30 QW Sensory Hour! ★ 12:00 DR Lunch 1:30 B Monday Movie Matinee 2:00 LI Yahtzee! 2:30 QW Movie Night! ★ 3:30 B Weekly YouTube Bible Study! † 5:00 DR Dinner	8 9:00 FR Daily Chronicles 10:00 B Monthly Regency Spelling Bee! 10:30 QW "Mindful Mobility" ROM Program ★ 12:00 DR Lunch 2:00 B BINGO! 2:30 QW Puzzles & Movie Hour! ★ 3:30 B Summer Series Showcase! 5:00 DR Dinner	9 9:00 FR Daily Chronicles 10:00 B Patriotic Sing Along with The Assistance League of Chesapeake! 10:30 QW Sensory Hour! ★ 12:00 DR Lunch 2:00 B Crafts and Conversation-Round Canvas Melon Painting! 2:30 QW Which Picture Fits? ★ 5:00 DR Dinner	10 Family Day! 9:00 FR Daily Chronicles 10:00 FR Morning Exercise with Bayada! 10:30 QW "Mindful Mobility" ROM Program ★ 10:30 FR Morning Motivation Discussion 12:00 DR Lunch 1:00 G Regency Park Family Day! 3:30 B Summer Series Showcase! 5:00 DR Dinner	11 9:00 FR Daily Chronicles 10:00 FR Morning Motivation-Discussion & Exercise 10:30 QW Sensory Hour! ★ 12:00 DR Lunch 2:00 B BINGO! 2:30 QW Wildlife Webcams & Coloring ★ 5:00 DR Dinner	
13 8:30 B Morning News and Coffee 11:00 FR "Lady of the Fields" Catholic Church Service† 2:00 B Afternoon TV & Social Time ★ 2:00 QW Sensory Hour! ★ 5:00 DR Sunday Dinner	14 9:00 FR Daily Chronicles 10:00 FR Morning Motivation-Discussion & Exercise 10:30 QW Sensory Hour! ★ 12:00 DR Lunch 1:30 B Monday Movie Matinee 2:00 LI Yahtzee! 2:30 QW Movie Night! ★ 3:30 B Weekly YouTube Bible Study! † 5:00 DR Dinner	15 9:00 FR Daily Chronicles 10:00 FR "What's the Scoop?" True or False Game 10:30 QW "Mindful Mobility" ROM Program ★ 12:00 DR Lunch 2:00 B BINGO! 2:30 QW Movie Night! ★ 3:30 B Summer Series Showcase! 5:00 DR Dinner	16 9:00 FR Daily Chronicles 10:00 FR Morning Motivation-Discussion & Exercise 10:30 S HAIR SALON! 10:30 QW Sensory Hour! ★ 12:00 DR Lunch 2:00 B "Wise Guys" Monthly Men's Club 2:00 LI Craft Club! ★ 5:00 DR Dinner	17 9:00 FR Daily Chronicles 10:00 FR Morning Exercise with Bayada! 10:30 QW "Mindful Mobility" ROM Program ★ 10:30 FR Morning Motivation Discussion 12:00 DR Lunch 1:30 B BINGO! 2:30 QW Popsicles and Pondering Prompts! ★ 3:30 CR Resident Council Meeting! 3:30 B Summer Series Showcase! 5:00 DR Dinner	Happy birthday, Nelson Mandela! 18 9:00 FR Daily Chronicles 10:00 FR Morning Motivation-Discussion & Exercise 10:30 QW Sensory Hour! ★ 12:00 DR Lunch 2:00 B Regency Game Night! 2:30 QW Puzzles & Movie Hour! ★ 5:00 DR Dinner	19 8:30 B Morning News and Coffee 10:30 FR Morning Motivation-Discussion & Exercise! ★ 2:00 B Mandala Creations! 3:00 FR Reminiscent Chatter ★ 3:30 B Summer Series Showcase! 5:00 DR Dinner
	21 9:00 FR Daily Chronicles 10:00 FR Morning Motivation-Discussion & Exercise 10:30 QW Sensory Hour! ★ 12:00 DR Lunch 1:30 B Monday Movie Matinee 2:00 LI Yahtzee! 2:30 QW Movie Night! ★ 3:30 B Weekly YouTube Bible Study! † 5:00 DR Dinner	22 9:00 FR Daily Chronicles 10:00 FR "What's Your Verdict?" 10:30 QW "Mindful Mobility" ROM Program ★ 12:00 DR Lunch 2:00 B BINGO! 2:30 QW Storytime Hour! ★ 3:30 B Summer Series Showcase! 5:00 DR Dinner	23 9:00 FR Daily Chronicles 10:00 FR Morning Motivation-Discussion & Exercise 10:30 QW Sensory Hour! ★ 12:00 DR Lunch 2:00 B Crafts and Conversation-Tropical Island Centerpiece! 2:30 QW Button Art! ★ 5:00 DR Dinner	24 9:00 FR Daily Chronicles 10:00 FR Morning Exercise with Bayada! 10:30 QW "Mindful Mobility" ROM Program ★ 10:30 FR Morning Motivation Discussion 12:00 DR Lunch 1:30 B BINGO! 2:00 QW "A Lively Reading Program!" with Dave 3:30 B Summer Series Showcase! 5:00 DR Dinner	25 9:00 FR Daily Chronicles 10:00 FR Morning Motivation-Discussion & Exercise 10:30 QW Sensory Hour! ★ 12:00 DR Lunch 2:00 B Regency Movie Night! 2:30 QW Food for Thought! ★ 5:00 DR Dinner	Big Apple Day! 26 8:30 B Morning News and Coffee 10:30 FR Bagel Breakfast & History of New York! 2:00 B NYC Hot Dogs and Big Apple Project! 3:00 FR Reminiscent Chatter ★ 3:30 B Summer Series Showcase! 5:00 DR Dinner
27 8:30 B Morning News and Coffee 11:00 FR "Lady of the Fields" Catholic Church Service† 2:00 B Afternoon TV & Social Time ★ 2:00 QW Sensory Hour! ★ 5:00 DR Sunday Dinner	28 9:00 FR Daily Chronicles 10:00 FR Morning Motivation-Discussion & Exercise 10:30 QW Sensory Hour! ★ 12:00 DR Lunch 1:30 B Monday Movie Matinee 2:00 LI Yahtzee! 2:30 QW Movie Night! ★ 3:30 B Weekly YouTube Bible Study! † 5:00 DR Dinner	29 9:00 FR Daily Chronicles 10:00 FR July Modern Trivia! 10:30 QW "Mindful Mobility" ROM Program ★ 12:00 DR Lunch 2:00 B BINGO! 2:30 QW Picture This! ★ 3:30 B Summer Series Showcase! 5:00 DR Dinner	30 9:00 FR Daily Chronicles 10:00 FR Morning Motivation-Discussion & Exercise 10:30 S HAIR SALON! 10:30 QW Sensory Hour! ★ 12:00 DR Lunch 1:30 B Nail Spa! - Relax & Rejuvenate 2:30 QW Puzzles & Movie Hour! ★ 5:00 DR Dinner	31 9:00 FR Daily Chronicles 10:00 FR Morning Exercise with Bayada! 10:30 QW "Mindful Mobility" ROM Program ★ 10:30 FR Morning Motivation Discussion 12:00 DR Lunch 1:30 B BINGO! 2:30 QW Crafts and Cartoons! ★ 3:30 B Summer Series Showcase! 5:00 DR Dinner		