REGENCY PARK

May 2025



Senior Living Community	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NATIONAL				9:00 B Morning Bible Study † 10:00 FR Morning Exercise with Bayada! 10:30 FR Morning Motivation Discussion 10:30 OW Stimulation Station! 12:00 DR Lunch 1:30 B Ice Cream & BINGO! 2:30 OW Enchanted Narratives ★ 5:00 DR Dinner	9:00 FR Fireplace Chats	Kentucky Derby Day!38:30FR Morning News and Coffee10:30FR Morning Motivation- Discussion & Exercise ★1:30BMusic Performance with "Hands of Harmony".3:00FR Reminiscent Chatter ★5:00DRDinner
World Laughter Day48:30FRMorning News and Coffee11:00FR"Lady of the Fields"Catholic ChurchService ↑2:00BAfternoon TV & SocialTime ★2:00QWSensory Hour! ★5:00DRSunday Dinner	CINCO de MAYO	6 9:00 FR Tranquil Moments by the Fire 10:00 FR Regency Spelling Bee! 10:30 OW Funniest Pets and People!★ 11:00 B Musical Conga Line!!★ 12:00 DR Lunch 2:00 B Musical Performance by Bridgette Michaels!♪ 3:30 B BINGO! 5:00 DR Dinner	7 9:00 FR Read & Relax 10:00 FR Morning Motivation- Discussion & Exercise 10:30 S HAIR SALON! 10:30 OW ROM Exercise&Tunes★ 12:00 DR Lunch 2:00 B Nail Spa! - Relax & Rejuvenate 2:30 OW EZ Crafts and Tranquil Sounds★ 3:30 B Old School TV Reruns 5:00 DR Dinner	Make a Book Day!89:00BMorning Bible Study †10:00FRMorning Exercise with Bayada!10:30FRMorning Motivation Discussion10:30OWSensory Stimulation Station! ★12:00DRLunch1:30BIce Cream & BINGO!3:00FRMeet the Ombudsman!3:00OWStorybook Hour! ★5:00DRDinner	Happy Birthday	10 8:30 FR Morning News and Coffee 10:30 B "Blooming Blossoms" Floral Arrangement Activity!★ 2:00 B Mother's Day Tea Party!★ 3:00 FR Reminiscent Chatter★ 5:00 DR Dinner
11 HAPPY HAPPY HAPPY HAPPY	International Nurses Day! Thank 12 You to Our Nurses! 9:00 FR Morning Devotional with Patience ↑ 10:00 FR Morning Motivation- Discussion & Exercise 12:00 DR Lunch 1:30 B Monday Movie Matinee 1:30 L Yahtzee! 2:30 GW Puzzles & Movie Hour! ★ 5:00 DR Dinner	9:00 FR Read & Relax 10:00 FR Morning Game Hour! 10:30 QW Therapeutic Coloring!★	Mod Podge Day! 14 9:00 FR Fireplace Chats 10:00 B Silver Sneakers Exercise! 10:30 GW Marble Painting!★ 10:30 B Mod Podge Project! 12:00 DR Lunch 2:30 GW Popsicles and Pastimes ★ 3:30 B Old School TV Reruns 5:00 DR Dinner	15 9:00 B Morning Bible Study + 10:00 FR Morning Exercise with Bayada! 10:30 OW Aromatherapy & Hand Spa★ 10:30 FR Morning Motivation Discussion 12:00 DR Lunch 1:30 B Ice Cream & BINGO! 2:30 OW Spot It! Game ★ 3:30 LI Bookish Banter! Monthly Book Club 5:00 DR Dinner	9:00 FR Morning Devotional with Patience + 10:00 FR Morning Motivation- Discussion	Armed Forces Day 17 8:30 FR Morning News and Coffee 10:30 FR Morning Motivation- Discussion & Exercise ★ 2:00 B Preakness Races LIVE Coverage Event! 5:00 DR Dinner
18 8:30 FR Morning News and Coffee 11:00 FR "Lady of the Fields" Catholic Church Service↑ 2:00 B Afternoon TV & Social Time★ 2:00 OW Sensory Hour!★ 5:00 DR Sunday Dinner	19 9:00 FR Morning Devotional with Patience ↑ 10:00 FR Morning Motivation- Discussion & Exercise ★ 12:00 DR Lunch 2:00 G "Yard" Yahtzee!! ★ 3:00 G Outdoor Bubble Party! ★ 5:00 DR Dinner	20 3200 British	21 9:00 FR Tranquil Moments by the Fire 10:00 G A Sunny Stretching Workout! 10:30 S HAIR SALON! 10:30 W Mornings with the Birds ★ 12:00 DR Lunch 2:00 G "Regency Roses" Gardening Club!★ 2:30 W "Mulch Mania" Gardening Sensory Activity★ 5:00 DR Dinner		World Turtle Day! 23 9:00 FR Morning Devotional with Patience + 10:00 FR Morning Motivation- Discussion & Exercise 10:30 OW ROM Exercise& Tunes!★ 12:00 DR Lunch 2:00 B Scrapbook Party!- Mixed Paper Trees Project 2:30 OW Turtle Paintings and Documentary!★ 5:00 DR Dinner	24 8:30 FR Morning News and Coffee 10:30 FR Morning Motivation- Discussion & Exercise ★ 2:00 B "Wise Guys" Monthly Men's Group!- Wild West Nerf Gun Target Practice 3:00 FR Reminiscent Chatter ★ 5:00 DR Dinner
25 8:30 FR Morning News and Coffee 11:00 FR "Lady of the Fields" Catholic Church Service↑ 2:00 B Afternoon TV & Social Time★ 2:00 QW Sensory Hour!★ 5:00 DR Sunday Dinner		27 9:00 FR Read & Relax 10:00 FR Outdoor Chair Yoga!! (Weather Permitting) 10:30 QW Cognitive Corner!★ 12:00 DR Lunch 2:00 B BINGO! 2:30 QW Crafts and Conversation★ 5:00 DR Dinner	National Senior Health and 28 Fitness Day! 9:00 FR Tranquil Moments by the Fire 10:00 B Morning Motivation- Discussion & Exercise 10:30 GW Storybook Hour!★ 12:00 DR Lunch 2:30 Game Gamble!★ 3:30 B Old School TV Reruns 5:00 DR Dinner	29 9:00 B Morning Bible Study† 10:00 FR Morning Exercise with Bayada! 10:30 W Aromatherapy & Hand Spa★ 10:30 FR Morning Motivation Discussion 12:00 DR Lunch 1:30 B Ice Cream & BINGO! 2:30 W Puzzles & Movie Hour!★ 5:00 DR Dinner	30 9:00 FR Morning Devotional with Patience ↑ 10:00 B Silver Sneakers Exercise! 10:30 OW ROM Exercise& Tunes! ★ 12:00 DR Lunch 2:00 B Karaoke and Happy Hour! 2:30 OW Reminiscent Chatter ★ 5:00 DR Dinner	31 8:30 FR Morning News and Coffee 10:30 FR Morning Motivation- Discussion & Exercise 1:30 B A Moment with Jesus- Bible Study and Worship Program★ 3:00 FR Old School TV Reruns 5:00 DR Dinner□

Activities Calendar

PROGRAMS ARE SUBJECT TO CHANGE